

Three bodybuilders are shown from the waist up, wearing bikinis and posing. The woman on the left is in a light blue bikini, the woman in the middle is in a white bikini, and the woman on the right is in a red bikini. They are all wearing high heels. The background is a soft-focus bokeh of pink and white lights.

Time To Shine

BIKINIS

DESIGN GUIDE

DESIGN YOUR PERFECT SUIT



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BIKINIS

**This design guide
will help you build
your dream bikini.**

**You will find all the
different top styles
available and the
different knickers
and back coverages.**

**If you need any
further advice then
please don't hesitate
to contact us.**

#TeamTimeToShine

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Top Styles



TRIANGLE STYLE

A slider style bikini with a single layer of fabric, this cup is more suitable for naturally larger breasts and implants.

This is also the best cup for a practice posing suit as it will adjust as your breasts shrink or grow.



**MOLDED STYLE
+£30**

This cup is triangular in shape and has padding in the outer lower corner to push the breasts up and in. This cup is suitable for both natural breasts and implants.



**BRA STYLE SINGLE or
DOUBLE PADDED (+£30)**

This style top is best suited to larger natural breasted girls. It offers all the support an actual bra would and only has a small layer of stuffing. A pocket will be sewn in for extra padding if needed.

The double padded style increases the breasts by 2 sizes. This cup best suited to smaller natural breasts.

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KNICKER STYLES



EURO CUT

This style of knicker has no connectors and is fabric all the way round.

They are cut to a v at the front and the straps sit high on the waist to elongate the legs and minimise the waist.



CONNECTOR STYLE

This style of knicker is required if you are competing with the IFBB/NPC federation. This style of knicker can either be cut with a straight front or a V-cut front. The V cut front allows you to pull the straps higher on the waist..



V Cut



Straight Cut

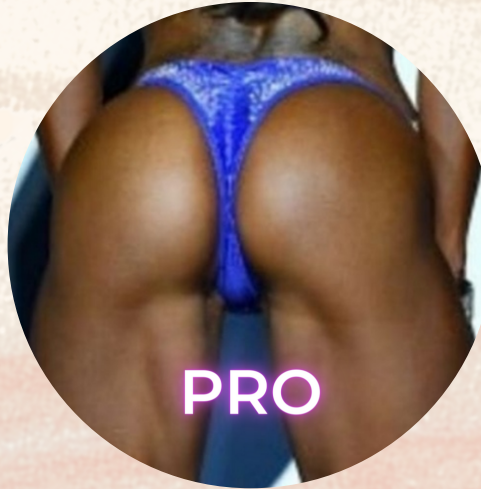
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KNICKER COVERAGES



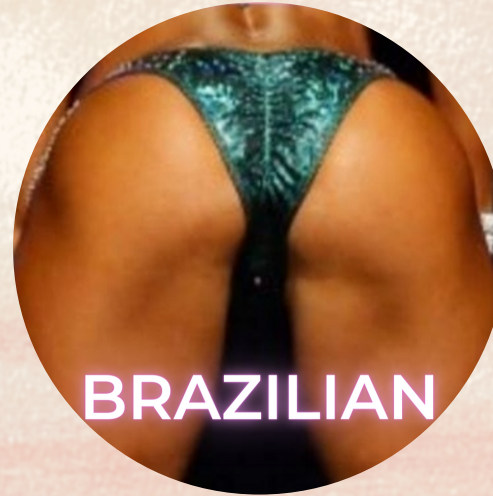
MICRO

This is our smallest knicker coverage. If you want your glutes out then this is your best bet! Better suited to petite girls with a smaller frame.



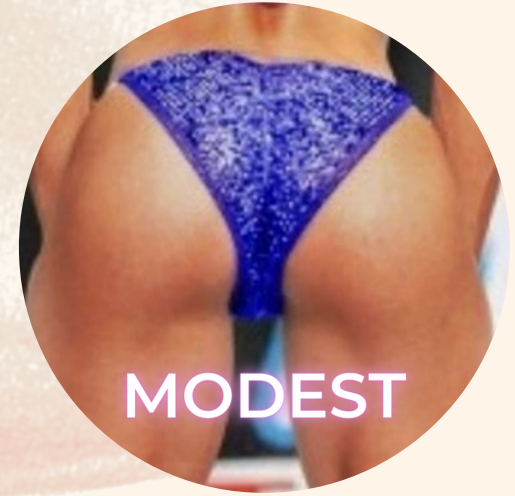
PRO

Our most popular cut . We recommend this for IFBB/NPC



BRAZILIAN

We recommend this cut for the ladies with fuller glutes needing a bit more coverage.



MODEST

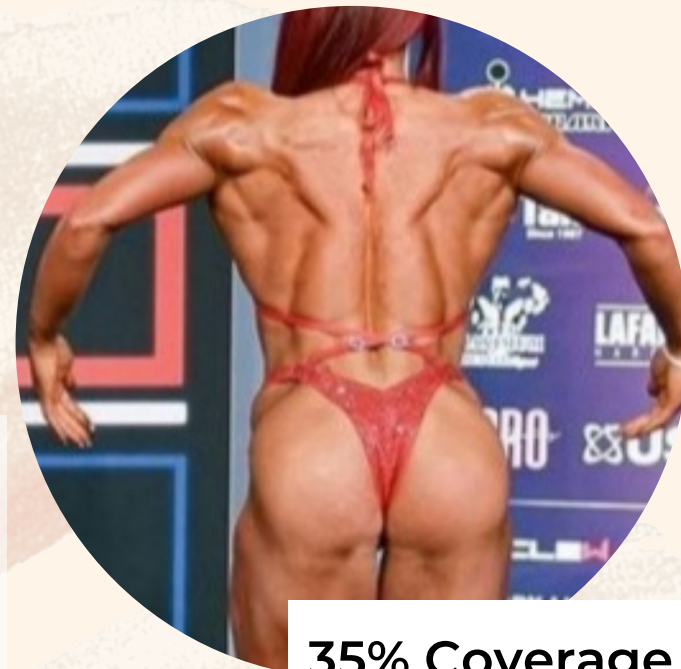
This cut offers 50% coverage.

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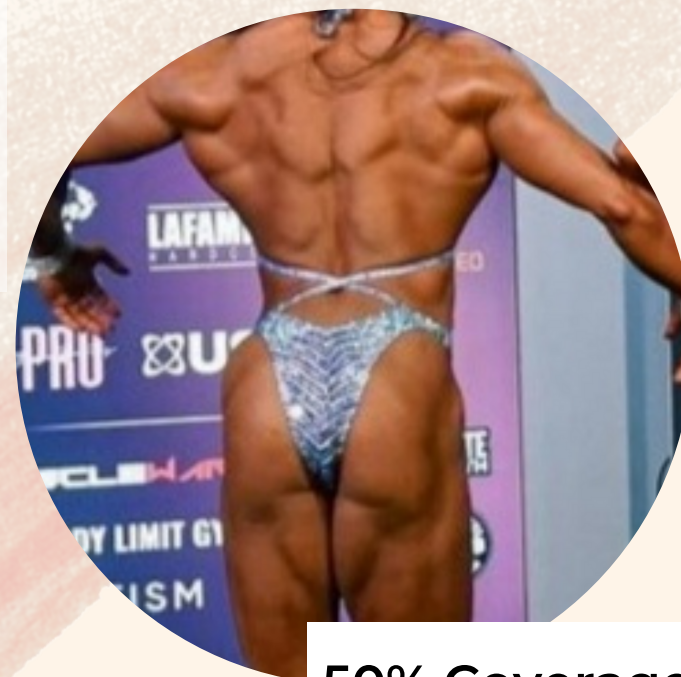
Figure Suits

Our figure suits come with fully adjustable back straps to ensure the perfect fit. The knickers are cut to a sharp V at the front.

We can also do thong back cover if requested



35% Coverage



50% Coverage